

44577 A DIFFERENT KIND OF CARING: FAMILY THERAPY

(1986) 60 min. This video demonstrates a family therapy session with Dr. Carl Whitaker who acts as a coach, encouraging the family to assess and modify their actions.

44578 THE DISRUPTIVE ADOLESCENT

(1991) 30 min. This video demonstrates verbal intervention with a youth who engages in challenging and unpredictable behaviour. It shows how to transform explosive situations into orderly communication. A leader's guide is included.

44579 THE DISRUPTIVE CHILD

(1991) 30 min. This video focuses on non-violent crisis intervention. It is designed to aid educators in developing verbal techniques to diffuse potentially dangerous situations. A leader's guide is included.

46110 FIGHTS AT SCHOOL (1994) 30 min.

This video looks at causes of fights, early intervention, steps for intervening alone, nonviolent control and transport. A leader's guide is included.

44580 GROWING OPPORTUNITIES FOR PARENTS OF SCHOOL AGED CHILDREN (1990)

47 min. 3 parts: **Confidence Building** demonstrates ways to build a child's positive self image. **Limit Setting** shows how to help children build control in their lives and how to use "time-out" to discipline effectively. **Problem Solving** shows how parental involvement can help children work on problems constructively and cooperatively. A leader's guide is included.

44581 LEARNING TO MANAGE ANGER

32 min. This video program is designed to teach junior and high school students the seven-step RETHINK method for controlling anger and resolving conflict. A leader's guide is included.

45159 - 45162 LISTEN TO US (1992)

Four programs present interviews with youth:

45159 PART I - TELLING IT ALL 31 min.

Can be used in secondary school classrooms. Topics include separation, ambivalence, dysfunctional families, peer pressure, school drinking and drugs.

45160 PART II - ABOUT GROUP HOMES

18 min. Topics include stigma of placement, importance of home, abandonment, and need for "time away".

Not recommended for classroom use.

45161 PART III - THREE PERSONAL STORIES

55 min. Themes include adopted children, manipulation, separation, narcissistic and borderline personality, and coping with parents.

45162 PART IV - FOUR PERSONAL STORIES

44 min. Themes include isolation and loneliness, abuse, cultural adjustment, abandonment, and the importance of a loving person in a child's life.

44886 NON-VIOLENT CRISIS INTERVENTION: THE PREVENTATIVE TECHNIQUES (1987) 30 min.

This video describes the four stages of crisis development and teaches appropriate de-escalation techniques, body language and empathic listening. A reference manual is included.

44887 NON-VIOLENT CRISIS INTERVENTION: THERAPEUTIC PHYSICAL INTERVENTION

(1986) 30 min. This video demonstrates simple personal safety such as release techniques for grabs, hairpulls, bites and chokes. The video also shows how to restrain and transport an aggressive individual. A reference manual is included.

45164-45175 THE POWER OF CHOICE (1990)

Probation officer and comedian, Michael Pritchard, engages high school students with humour. Each tape begins with a segment of stand-up followed by discussion with groups of teens of the choices they make. Discussion guides provide discussion questions, writing assignments and group activities.

45164 PART 1 THE POWER OF CHOICE

45165 PART 2 ACTING ON YOUR VALUES

45166 PART 3 SELF-ESTEEM

45167 PART 4 COPING WITH PRESSURES

45168 PART 5 DRUGS & ALCOHOL PART 1

45169 PART 6 DRUGS & ALCOHOL PART 2

45170 PART 7 DRINKING & DRIVING

45171 PART 8 SEX

45172 PART 9 FRIENDSHIP & DATING

45173 PART 10 DEPRESSION & SUICIDE

45174 PART 11 COMMUNICATING WITH PARENTS

45175 PART 12 RAISING YOUR PARENTS

46109 READING, WRITING AND WEAPONS

(1994) 30 min. This video contains weapon prevention and detection strategies, verbal diffusion, preventions strategies, and tips for developing school policies. A leader's guide is included.

44582 THE SKILLSTREAMING VIDEO (1988)

26 min. Dr. Arnold Goldstein and Dr. Ellen McGinnis. This video gives instructions on social skills training methods such as modelling, role playing, performance feedback and transfer training. Dr. Goldstein's books on this topic are available from Research Press, Waterloo.

45032 TEACHING NEW BEHAVIOUR...TO CHILDREN 22 min.

Oregon Social Learning Centre. This video demonstrates how parents can improve the compliance and chore completion of school-aged children. Vignettes are used to demonstrate rewarding positive behaviour and using time-out for non-compliance. A Viewer's Manual provides sample charts for use with children.

44664 UNDERSTANDING ATTENTION DEFICIT DISORDERS (ADD)

(1990) 42 min. Dr. Edna Copeland. This video gives the experiences of families as well as informative narratives by medical and psychological professionals on the history, symptoms, causes and treatments available to individuals with this disorder. This video is useful for students parents and teachers who want to know more about ADD.

44583 WHY IS IT ALWAYS ME?

(revised 1991) 14 min. The objectives of this video are to help young people think about consequences before making decisions. Dr. James Cisek and Anthea George teach the IDEAL Problem-solving method in five steps: Identify the problem, Describe the possibilities, Evaluate the Ideas, Act out a plan, Learn for the future. A leader's guide is included.

45163 WORKING IT OUT: CONFLICT

RESOLUTION (1993) 28 min. Dr. Advice gives young people specific strategies to solve problems through a radio call-in program. Vignettes teach communication, focusing on the problem, brainstorming solutions, compromise and mediation. Recommended for grades 5-9.

The INSTITUTE for the study of ANTISOCIAL behaviour in YOUTH

Affiliated with the Clarke Institute of Psychiatry

presents a

LIBRARY OF VIDEOS

relating to

Management Techniques

for working with

Antisocial Youth

MAY
1998

The Institute for the study of Antisocial behaviour in Youth (I.A.Y.) is dedicated to providing continuing education on antisocial youth to Professionals, Parents, and the Public, with the ultimate objective of reducing violence in our society.

The following list of staff training videos has been selected by the Institute for the study of Antisocial behaviour in Youth for distribution by

L M Media Marketing Services Ltd.
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These videos have been evaluated by knowledgeable professionals. Descriptive material is generally factual but with some subjective interpretation. It is suggested that resource people be available to direct discussion and/or answer questions when the films are viewed.

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- ☞ Borrowers are responsible for the **replacement costs** of videos or resource materials that are lost or damaged by them or while being shipped back.

NEW #47282 **UNDERSTANDING THE DEFIANT CHILD** (1997) 35 min.

Dr. Russell A. Barkley describes reasons why children become non-compliant and defiant. The video includes interviews with real families who describe the problems they face living with a defiant children.

NEW #47283 **MANAGING THE DEFIANT CHILD A GUIDE TO PARENT TRAINING** (1997) 35 min.

Dr. Russell A. Barkley describes various techniques (i.e., time-out, providing tokens, praise) that parents are encouraged to use.

NEW #47284-47285 **MANAGING THE TREATMENT OF YOUTH WITH SIGNIFANT BEHAVIOURAL PROBLEMS IN VARIOUS SETTINGS.**

#47284 VIDEO ONE - THREE BEHAVIOUR DISORDERS (1998) 88 min.

A presentation by Dr. Jalal Shamsie providing information on the diagnosis, treatment, and prognosis of three disorders: Attention Deficit Hyperactivity Disorder; Oppositional Defiant Disorder; and Conduct Disorder. Followed by a panel discussion.

#47285 VIDEO TWO - APPROPRIATENESS OF CURRENT TREATMENT MODELS (1998) 88 min.

A presentation by Dr. Jalal Shamsie regarding juvenile offenders: Who committs crime; Who gets caught; How do we deal with them; How *should* we deal with them; How to prevent crime in youth. Followed by a panel discussion.

45033 ADHD: WHAT DO WE KNOW?

(1992) 36 min. Dr. Russell A. Barkley describes the symptoms and causes of Attention Deficit Hyperactivity Disorder. Parents, teachers and individuals with ADHD share their experiences. Treatment approaches are mentioned briefly. A Program Manual is included.

45034 ADHD: WHAT CAN WE DO?

(1992) 37 min. Dr. Russell A. Barkley presents a detailed description of parent training, behaviour modification, educational management and medication for ADHD. Parents and teachers share their experiences. A Program Manual is included.

44560 ADOLESCENT TRANSITIONS - FOR PARENTS (1989) 32 min.

This video teaches parenting skills such as the tools of behaviour change, monitoring, making behavioural contracts; fostering prosocial behaviour; setting limits, with drugs, sex and deviant behaviours; listening and gathering information; and problem solving. A 12 lesson leader's guide is included.

44561 ADOLESCENT TRANSITIONS - FOR TEENS

(1989) 31 min. This five part video is an early intervention program for teenagers offering solutions for problem behaviours, dealing with peer pressure, drug abuse, choosing friends, conflicts with parents, etc. Building self-esteem and empowering youth to improve their lives better are emphasized. A leader's guide is included. One vignette has been criticized for the gender roles represented.

44562 ANGER MANAGEMENT FOR PARENTS

(1991) 25 min. This video based parent training program is a step-by-step curriculum for teaching parents how to manage their anger and how to teach anger management skills to their children. Dr. Susan Linn introduces the seven step RETHINK method for managing anger. Guide and parent manuals are included.

44563 THE ART OF SETTING LIMITS

(1991) This video teaches behaviour management skills such as recognizing when behaviour is escalating, intervention techniques, avoiding power struggles, defusing confrontations and setting limits without giving ultimatums. Leader's Guide and Participant Manuals are included.

44564 THE ASSAULTIVE STUDENT

(1991) 30 min. This video teaches the basic therapeutic physical intervention skills that are sometimes necessary to manage violent students. Topics include the warning signs of assaultive behaviour, de-escalation methods and effective restraint and transportation techniques. Program guide is included.

ASSET #44565 - 44572 10 min.

Each video in this series gives four behaviour modelling vignettes that teach social skills to adolescents. Skill sheets, home notes, checklists and an instruction sheet are included.

#44565 GIVING POSITIVE FEEDBACK teaches thanking and complimenting others.

44566 GIVING NEGATIVE FEEDBACK teaches expressing criticism or disappointment appropriately.

44567 ACCEPTING NEGATIVE FEEDBACK teaches listening, understanding, and appropriately reacting to criticism.

44568 RESISTING PEER PRESSURE teaches doing what's right for you, saying no, giving personal reasons, and suggesting alternative activities.

44569 PROBLEM SOLVING teaches identifying problems, considering consequences, and determining possible solutions.

44570 NEGOTIATION teaches resolving conflicts, suggesting solutions, asking for alternatives and learning to compromise.

44571 FOLLOWING INSTRUCTIONS teaches listening, responding, clarifying, and following through.

44572 CONVERSATION teaches interacting with others, initiating and maintaining a conversation.

44573 BREAKING UP FIGHTS

(1991) 40 min. This video provides realistic strategies for dealing with disruptive and violent behaviour in children and adolescents. Topics include assessing fight situations, identifying opportunities for intervention, and dealing safely with a fight alone. A program guide is included.

44574 CATCH 'EM BEING GOOD (1980) 30 min.

Dr. K. Daniel O'Leary and Marlene Schneider teach basic traditional behavioural procedures such as positive attention, soft reprimands, response costs, etc. to help teachers and students solve behavioral and academic problems.

44662 CHILDHOOD AGGRESSION (1976) 31 min.

This film traces all the steps in the reconditioning of an aggressive child using the social learning approach to behaviour modification. Although the images appear somewhat out of date, the material is relevant, well-presented and still very useful.

44663 CHILDHOOD AND ADOLESCENT DISORDERS: SIMULATED EVALUATIONS (1989)

44 min. Dr. Donald Fidler. This video presents simulated interviews that demonstrate the DSM-III-R criteria for Conduct Disorder, Oppositional-Defiant Disorder and Separation Anxiety Disorder. This video can be used to teach staff how to recognize these disorders and how to conduct an interview.

44575 CLASSROOM DISCIPLINE

(1991) 30 min. Richard Curwin and Allen Mendler, (authors of **Discipline with Dignity**) address how students can learn internal controls and self-responsibility when their teachers abandon traditional coercive and adversarial roles.

44576 DEALING WITH ANGER: A Violence Prevention Program for African American Youth (1991)

There are three videotapes in this series. **Givin'It** teaches expressing angry feelings in a calm, nonthreatening manner. 18 min. **Takin'It** teaches accepting criticism without becoming upset. 20 min. **Workin'It Out** teaches negotiation and compromise. 14 min. Leader's Guide and skill cards are included.